





Friday, December 9th

by Simon pols | Dec 9, 2016 | Uncategorized | 0 comments

"Mr. Spelrem works alongside a grade three student this afternoon during "Hour of Code".

December Holiday Concerts at Banded Peak

Our second Christmas Show will be held this Wednesday, December 14th and will be presented by students in grades five through eight. There will be one show from 1:30 to 2:30 and an evening show from 6:30 to 7:30. You will hear the Junior Band, Intermediate Band, the Marching Band, and the Concert Band perform, as well you will be treated to a short drama performance, and displays by our photography, film, and maker space students.

"Sock it to 'em" - student message

On Monday December 19th the leadership kids will be going down to the **Mustard Seed http://theseed.ca/** to donate goods. These people don't have homes and thay are living in a homeless shelter, so we need donations from the school. The items that we need are: Warm socks, Travel size shampoo, Good razors, Toothbrush, Toothpaste, Nail care items, Candy/Treats, \$10 dollar gift cards coffee/movie/food, Lip balm, Travel size tissues, Transit tickets, Hair brush/comb, and ear plugs. Our deadline is Friday the 16th so if we could have the donations by then that would be great. Please put your donations in your house color boxes in the student gathering area.

School Wellness Action Committee (SWAT) - Student Message

Recently a group of staff members met with our Comprehensive School Health Coordinator for Rockyview Schools to create a Healthy School Action Plan. A healthy school community is one that supports the wellness of all its members and continuously strengthens its capacity as a healthy setting for living, learning, and working. The process for building healthy school communities uses the four pillars of Comprehensive School Health; *intellectual, spiritual, social/emotional, and physical.* Part of this plan involved selecting a Student Wellness Action Team with students from grades 5-8. This team will be involved in planning, carrying out and celebrating school wellness initiatives. Their goal for this year is to promote healthy relationships and a sense of belonging and connectedness using a whole school approach. The team recently attended a Healthy Active School Symposium in Calgary and came back with lots of excitement and enthusiasm! Here is a report on their day:

"Recently, our School's Student Wellness Action Team (also known as SWAT) went to Healthy Active School Symposium (HASS). At which we learned about mental and physical health to enhance student wellness. One of our goals for this year is to initiate "wellness Wednesdays". Wellness Wednesday's will include grade level mental health activities including scavenger hunts, mannequin challenges, healthy snack challenges, and friendship origami. We would also like to create a whole school "cultural day" next year, a possible milk program, and a

fundraiser. One guest that we met at HASS was the man who initiated Pink Shirt Day. He talked to us about how one crazy idea turned into an internationally celebrated event. To sum it up, we learned a lot, met many inspiring people, and thought of a lot of great ideas to make Banded Peak, the best that it can be. – **Quinn, Haley, Kinley**

"Wonderful to see so many families out this evening at the Calgary Hitmen game; a "field trip" organized by the talented Mrs. Fischer who incidentally made the Jumbotron!

Ride-a-long Number

Some families have experienced problems contacting the Ride-a-long service with Southland Transportation who can be reached at ridealong@southland.ca. If you would like, you are welcome to **cc'** bandedpeak@rockyview.ab.ca in your email as well to reduce any confusion at the end of the school day.

Community Christmas Hampers

Our community is fantastic! And it's exciting to do life together especially around the holiday season, food, fun, friendliness all played out in delicious snow and mountain air is icing on the cake. One of the great things about the community is our understanding that we are better together. When one of us celebrates, we all celebrate, if one is struggling, we all come around and support. With that in mind we understand for some of us it has been a difficult year and sometimes those difficulties put added stress on the holidays. The Bragg Creek Community Church Food Bank would like to make everyone aware of an opportunity to make these holidays a bit more celebratory and stress free. Every Christmas season Food Hampers are put together and filled with a variety of non-perishable items as well as a gift certificate for Bragg Creek Family Foods. They are delivered to anyone who may feel they could use one. In many cases the hampers don't necessarily fill empty pantries rather they provide a little relief taking a bit of stress and concern off the season.

How do we access a Christmas hamper? These hampers are open to anyone feeling they could use one and can be ordered by either contacting Banded Peak school administration or calling Pastor Dave 403-671-3819. We can arrange to either have the Christmas Hampers delivered to your residence or we can arrange to have it picked up at the Community Center. Please feel free to pass this information on to anyone in the community who might like to access a hamper. Merry Christmas, Happy holidays and we wish you all the best over the school break.

School Council Meeting/Playground Committee

Our next school council meeting will be held at 6:30 on Wednesday, January 25th in our Student Gathering Area. Preceding our upcoming School Council Meeting we will be hosting a Playground Committee Meeting which will begin at 5:45 to discuss potential changes to our existing structures. Any community members interested in attending are invited to meet in the Student Gathering at that time. Remaining school council meetings will take place on January 25th, March 29th, April 26th, and May 24th (Annual General Meeting)

Recognition Assembly

Thank you to everyone who was able to attend our Recognition Assembly this morning. Despite the frigid temperatures, we welcomed a large audience of parents, grandparents, aunts, uncles, and a few cousins. We appreciate the support you offer your children and the ongoing support for our school.





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